Menu

Monday	December 15, 2025
Alarm Clock Breakfast	Traditional Breakfast Trio, Cage Free Scrambled Eggs, Country Potatoes, Applewood Smoked Bacon
Global Adventure	Jerk Chicken, Cilantro Lime Rice, Pineapple Coleslaw
Kitchen Table	GOOD LUCK ON FINALS!
Panini	Bacon Grilled Cheese Sandwiches, Texas Toast, Applewood Smoked Bacon, Kettle Chips
Tuesday	**December 16, 2025**
Alarm Clock Breakfast	Bagel Breakfast Sandwiches, Biscuit, Fried Egg, Cheddar Cheese, Applewood Smoked Bacon
Izakaya	Broccoli & Beef, Steamed Jasmine Rice, Roasted Vegetables, Fortune Cookie
Taste of Italy	YOU GOT THIS!
Panini	Cubanos, Bolillo Roll, Roasted Pork, Ham, Swiss Cheese, Dill Pickles, Whole Grain Mustard
Wednesday	**December 17, 2025**
Alarm Clock Breakfast	Overnight Strawberry French Toast, Brioche Bread, Strawberries, Fresh Whipped Cream, Applewood Smoked Bacon
Kitchen Table	Free Range Rosemary Chicken, Garlic Roasted Vegetables, Roasted Potatoes
Kitchen Table	ALMOST THERE!
Panini	Turkey & Bacon Melts, Oven Roasted Turkey, Applewood Smoked Bacon, Sourdough Bread, Monterey Jack Cheese, Tomato, Kettle Chips
Thursday	**December 18, 2025**
Alarm Clock Breakfast	Breakfast Sandwiches, Brioche Bun, Sausage Patty, Fried Egg, Cheese
Taste of Italy	Cheese Ravioli, House made Marinara Sauce, Side Caesar Salad, Garlic Herb Butter Breadstick, Parmesan Cheese
Platillos Latino	KEEP GOING!
Panini	Chicken Torta, Grilled Chicken, Bolillo Bread, Refried Beans, Lettuce, Tomato, Pickled Red Onions, Salsa, Tortilla Chips
Friday	**December 19, 2025**
Alarm Clock Breakfast	Cage Free Eggs In A Basket, Sausage Patty
Platillos Latinos	Pork Carnitas Wet Burrito, Spanish Rice, Pinto Beans, Rojo Sauce, House made Salsa, Shredded Cheese, Flour Tortilla
Global Adventure	YOU DID IT!
Wraps & More	Free Range Chicken Caesar Spinach Tortilla Wrap, Kettle Chips

Epicurean Group at St. Francis Catholic High School

Your Executive Chef: Jenn Slaughter

Café/Catering Manager: Evelyn Barela

(916) 737-5062

Café Service Hours

7:30 - 10:00

11:00 - 1:00

2:30 - 3:30

Today's Grab and Go Special

Monday:

Taco Salad, Tortilla Chips, Free Range Chicken, Romaine Lettuce, Red Onions, Pickled Red Onions, Kidney Beans, Chipotle Ranch Dressing

Tuesday:

Cobb Salad, Hard Boiled Egg, Turkey, Ham, Chicken, Cherry Tomatoes, Cucumber, Cheddar Cheese, Bleu Cheese Dressing

Wednesday:

Loaded Greek Orzo Salad, Grilled Chicken, Cucumbers, Kalamata Olives, Feta Cheese, Red Onions, Cherry Tomatoes, Lemon Herb Vinaigrette

Thursday:

Chopped Asian Salad, Grilled Chicken, Romaine Lettuce, Cucumber, Edamame, Crispy Won Ton Strips, Green Onions, Soy Ginger Vinaigrette

Friday:

Free Range Chicken, Applewood Bacon, Ranch, Cherry Tomato, Cucumber, Red Onion, Shredded Cheddar Cheese, Ranch Dressing

Promotions

In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.

EPICUREAN GROUP *fresh. honest. local.*