

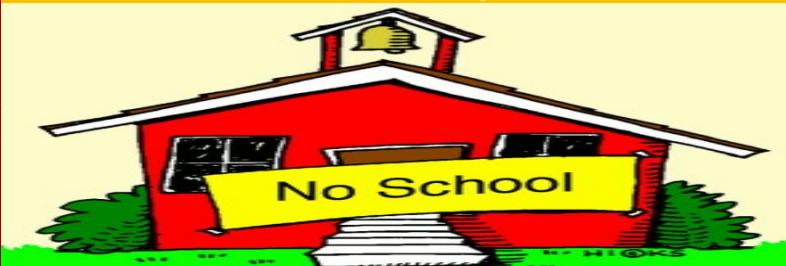


Menu



Monday

January 5, 2026



Tuesday

January 6, 2026

<i>Alarm Clock Breakfast</i>	Hashbrown Casserole, Cage Free Scrambled Eggs, Applewood Smoked Bacon, Crispy Hashbrowns
<i>Platillos Latinos</i>	Sizzling Beef Fajitas, Grilled Onions & Peppers, Spanish Rice, Black Beans, Crema, Flour Tortillas
<i>Kitchen Table</i>	Creamy Macaroni & Cheese, Applewood Smoked Bacon Bits, Roasted Fall Vegetable Medley
<i>Soup DuJour</i>	Free Range Chicken & Rice Soup, Carrots, Corn, Fresh Herbs, Brown Rice

Wednesday

January 7, 2026

<i>Alarm Clock Breakfast</i>	Apple Cinnamon French Toast, Fresh Whipped Cream, Sausage Patty
<i>Izakaya</i>	Free Range Chicken Teriyaki, Steamed Jasmine Rice, Bok Choy, Red Onions, Fortune Cookie
<i>Platillos Latinos</i>	Beef Barbacoa Bowl, Spanish Rice, Black Beans, Salsa, Sour Cream, Lettuce
<i>Panini</i>	Ham & Bacon Melts, Oven Roasted Ham, Applewood Smoked Bacon, Sourdough Bread, Monterey Jack Cheese, Tomato, Kettle Chips

Thursday

January 8, 2026

<i>Alarm Clock Breakfast</i>	Chorizo Breakfast Quesadillas, Corn Tortilla, Chorizo Sausage, Scrambled Eggs, Melted Cheese
<i>Kitchen Table</i>	Lemon Herb Free Range Chicken, Rice Pilaf, Side Garden Salad
<i>Global Adventure</i>	Pork Adobo, Roasted Squash and Red Onions, Cilantro Lime Rice
<i>Soup DuJour</i>	New England Clam Chowder, Toasted Sourdough Bread Bowl

Friday

January 9, 2026

<i>Alarm Clock Breakfast</i>	Brown Sugar Oatmeal, Fresh Berries, Turkey Breakfast Sausage Link
<i>Izakaya</i>	Broccoli & Beef, Steamed Jasmine Rice, Roasted Vegetables, Fortune Cookie
<i>Passage of India</i>	Butter Free Range Chicken, Bombay Potatoes, Naan Bread, Cauliflower
<i>Panini</i>	Grilled Cheese Sandwiches, House Made Tomato Soup, Parmesan Cheese

Epicurean Group at St. Francis Catholic High School

Your Executive Chef: **Jenn Slaughter**Café/Catering Manager: **Evelyn Barela**

(916) 737-5062

Café Service Hours

7:30 - 10:00

11:00 - 1:00

2:30 - 3:30

Today's Grab and Go Special

Monday:



Tuesday:

Chopped Italian Salad, Salami, Romaine Lettuce, Kalamata Olives, Pepperoncini, Mozzarella Cheese, House Made Italian Dressing

Wednesday:

Free Range Chicken & Farro Grain Salad, Kidney Beans, Roasted Corn, Arugula, Romaine, Cilantro Lime Vinaigrette

Thursday:

Asian Noodle Salad, Shaved Napa Cabbage, Edamame, Orange Slices, Shredded Carrots, Fried Won Ton Strips, Ginger Soy Vinaigrette

Friday:

Taco Salad, Tortilla Chips, Grilled Chicken, Romaine Lettuce, Red Onions, Kidney Beans, Chipotle Ranch Dressing

Promotions



WINTER SUPERFOODS SPOTLIGHT

Thurs 1/8/26

Discover the power of winter's most nutritious superfoods! Each feature highlights a seasonal ingredient packed with flavor and health benefits.

Crust Glow Asian Salad

Asian Noodle Salad, Shaved Napa Cabbage, Edamame, Orange Slices, Shredded Carrots, Fried Won Ton Strips, Ginger Soy Vinaigrette

Mixed Berry Smoothie

Mixed Berries, and yogurt blended into a vibrant boost

REDUCE, REUSE, RECYCLE

Trim Your Trash!

Eat - or compost - your leftovers! Did you know that 40% of what goes into our landfills is compostable food waste? Please use our Café compost bins!



In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



Menu Key

