

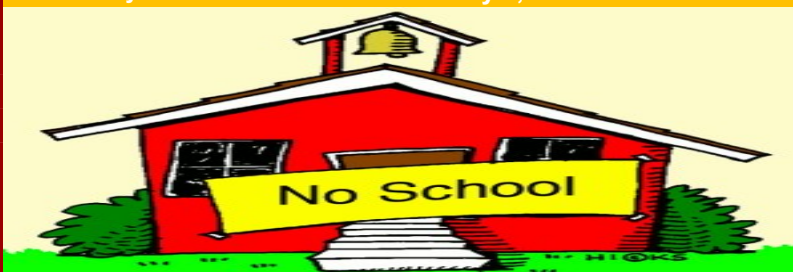


# Menu



Monday

January 5, 2026



Tuesday

January 6, 2026

<b>Alarm Clock Breakfast</b>	Hashbrown Casserole, Cage Free Scrambled Eggs, Applewood Smoked Bacon, Crispy Hashbrowns
<b>Platillos Latinos</b>	Sizzling Beef Fajitas, Grilled Onions & Peppers, Spanish Rice, Black Beans, Crema, Flour Tortillas
<b>Kitchen Table</b>	Creamy Macaroni & Cheese, Applewood Smoked Bacon Bits, Roasted Fall Vegetable Medley
<b>Soup DuJour</b>	Free Range Chicken & Rice Soup, Carrots, Corn, Fresh Herbs, Brown Rice

Wednesday

January 7, 2026

<b>Alarm Clock Breakfast</b>	Apple Cinnamon French Toast, Fresh Whipped Cream, Sausage Patty
<b>Izakaya</b>	Free Range Chicken Teriyaki, Steamed Jasmine Rice, Bok Choy, Red Onions, Fortune Cookie
<b>Platillos Latinos</b>	Beef Barbacoa Bowl, Spanish Rice, Black Beans, Salsa, Sour Cream, Lettuce
<b>Panini</b>	Ham & Bacon Melts, Oven Roasted Ham, Applewood Smoked Bacon, Sourdough Bread, Monterey Jack Cheese, Tomato, Kettle Chips

Thursday

January 8, 2026

<b>Alarm Clock Breakfast</b>	Chorizo Breakfast Quesadillas, Corn Tortilla, Chorizo Sausage, Scrambled Eggs, Melted Cheese
<b>Kitchen Table</b>	Lemon Herb Free Range Chicken, Rice Pilaf, Side Garden Salad
<b>Global Adventure</b>	Pork Adobo, Roasted Squash and Red Onions, Cilantro Lime Rice
<b>Soup DuJour</b>	New England Clam Chowder, Toasted Sourdough Bread Bowl

Friday

January 9, 2026

<b>Alarm Clock Breakfast</b>	Brown Sugar Oatmeal, Fresh Berries, Turkey Breakfast Sausage Link
<b>Izakaya</b>	Broccoli & Beef, Steamed Jasmine Rice, Roasted Vegetables, Fortune Cookie
<b>Passage of India</b>	Butter Free Range Chicken, Bombay Potatoes, Naan Bread, Cauliflower
<b>Panini</b>	Grilled Cheese Sandwiches, House Made Tomato Soup, Parmesan Cheese

## Epicurean Group at St. Francis Catholic High School

Your Executive Chef: Jenn Slaughter

Café/Catering Manager: Evelyn Barela  
(916) 737-5062

### Café Service Hours

7:30 - 10:00

11:00 - 1:00

2:30 - 3:30

### Today's Grab and Go Special

Monday:



Tuesday:

Chopped Italian Salad, Salami, Romaine Lettuce, Kalamata Olives, Pepperoncini, Mozzarella Cheese, House Made Italian Dressing

Wednesday:

Free Range Chicken & Farro Grain Salad, Kidney Beans, Roasted Corn, Arugula, Romaine, Cilantro Lime Vinaigrette

Thursday:

Asian Noodle Salad, Shaved Napa Cabbage, Edamame, Orange Slices, Shredded Carrots, Fried Won Ton Strips, Ginger Soy Vinaigrette

Friday:

Taco Salad, Tortilla Chips, Grilled Chicken, Romaine Lettuce, Red Onions, Kidney Beans, Chipotle Ranch Dressing

### Promotions



### REDUCE, REUSE, RECYCLE

#### Trim Your Trash!

Eat - or compost - your leftovers! Did you know that 40% of what goes into our landfill is compostable food waste? Please use our Café compost bins!



### In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention.

We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



### Menu Key



Vegetarian



Vegan



Organic



Free Range



Grass Fed



Cage Free



Contains Gluten