



Menu



Monday March 2, 2026

<i>Alarm Clock Breakfast</i>	Apple Cinnamon French Toast, Spiced Apples, Whipped Cream, Maple Syrup, Chicken Apple Sausage Link
<i>Taste of Italy</i>	Penne Pasta, House Made Marinara, Side Caesar Salad, Garlic Breadsticks
<i>Kitchen Table</i>	Kalua Pulled Pork, Jasmine Rice, Steamed Cabbage
<i>Panini</i>	Pesto Turkey Melts, Smoked Turkey Breast, Monterey Jack Cheese, House Made Pesto Sauce, Kettle Chips

Café Service Hours

7:30 - 10:00
11:00 - 1:00
2:30 - 3:30

Tuesday March 3, 2026

<i>Alarm Clock Breakfast</i>	Croissant Breakfast Sandwiches, Applewood Smoked Bacon, Cage Free Scrambled Eggs, Cheese
<i>Passage of India</i>	Free Range Chicken Tandoori, Naan Bread, Steamed Broccoli, Cauliflower, Grilled Red Onions
<i>Global Adventure</i>	Moussaka, Spiced Ground Beef, Roasted Eggplant and Zucchini with Herb Bechamel Cream Sauce, Side Mixed Greens Salad, Herb Vinaigrette
<i>Panini</i>	BLT's, Applewood Smoked Bacon, Lettuce, Tomato, Texas Toast, Kettle Chips

Today's Grab and Go Special

Monday:
 Farro Salad, Mixed Greens, Goat Cheese, Cucumbers, Dried Cranberries, Sunflower Seeds, Cherry Tomatoes, Balsamic Vinaigrette

Tuesday:
 Mediterranean Salad, Romaine Lettuce, Kalamata Olives, Feta, Cucumbers, Red Onions, Pepperoncini, Herb Champagne Vinaigrette

Wednesday:
 Spinach Berry Salad, Shaved Red Onion, Goat Cheese, Sunflower Seeds, Creamy Strawberry-Poppy Seed Dressing

Thursday:
 Taco Salad, Grilled Chicken, Romaine, Kidney Beans, Cheese, Pickled Red Onions, Pico De Gallo, Chipotle Ranch Dressing

Friday:
 Teriyaki Glazed Salmon Salad, Romaine Lettuce, Brown Rice, Pickled Red Onions, Edamame, Shredded Carrots, Soy Ginger Dressing

Wednesday March 4, 2026

<i>Alarm Clock Breakfast</i>	Overnight Very Berry French Toast, Fresh Berries, Whipped Cream, Applewood Smoked Bacon
<i>Global Adventure</i>	Rosemary Herb Pork Tenderloin, Herb Wild Rice, Roasted Vegetable Medley, Lemon Dijon Cream Sauce
<i>Kitchen Table</i>	Malibu Chicken, Honey Ham, Provolone, Papas Bravas, Mixed Greens Side Salad
<i>Soup DuJour</i>	Lasagna Soup, Fresh Herbs, Tomatoes, Ricotta Cheese, Side Bread Roll

Promotions



National NUTRITION MONTH

Eat Well. Live Well. Feel Your Best.
 Fuel your day the LiveWell way. Join us this March for National Nutrition Month with nutrition education, tastings, and wholesome menu highlights.

Pesto Turkey Melts - Smoked Turkey Breast, Monterey Jack Cheese, House Made Pesto Sauce, Kettle Chips

Brown Sugar Oatmeal - Mixed Berries, House Made Granola, Cage Free Scrambled Eggs

Egg Drop Soup - Tofu, Green Onions, Fried Wontons Sweet Chili Sauce

Thursday March 5, 2026

<i>Alarm Clock Breakfast</i>	Fluffy Biscuits & Country Sausage Gravy, Biscuits, House Made Gravy, Cage Free Scrambled Eggs
<i>Platillos Latinos</i>	Beef Fajitas, Spicy Beef, Peppers, Onions, Refried Beans, Rice, Flour Tortilla, Crema
<i>Passage of India</i>	Free Range Chicken Curry Masala, Aloo Baingan (Eggplant & Potatoes), Garlic Naan Bread
<i>Flatbreads & More</i>	Pesto Flatbread, Grilled Chicken, Roasted Cherry Tomatoes, Mozzarella Cheese, Spinach, Balsamic Drizzle

RECYCLE

Trim Your Trash!
 Eat – or compost – your leftovers!
 Did you know that 40% of what goes into our landfills is compostable food waste?
 Please use our café compost bins!



greener
 EPICUREAN GROUP

Friday March 6, 2026

<i>Alarm Clock Breakfast</i>	Brown Sugar Oatmeal, Mixed Berries, House Made Granola, Cage Free Scrambled Eggs
<i>Kitchen Table</i>	Baked Potato Bar, House Cheese Sauce, Sour Cream, Broccoli, Mushrooms, Green Onions, Melted Butter
<i>Platillos Latinos</i>	Cheese & Pasillas Chile Enchiladas, Rice, Beans, Side Taco Salad with Chipotle Ranch
<i>Soup DuJour</i>	Egg Drop Soup, Tofu, Green Onions, Fried Wontons Sweet Chili Sauce

In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.

Epicurean Group at St. Francis Catholic High School

Your Executive Chef: **Jenn Slaughter**

Your Café/Catering Manager: **Evelyn Barela**
 (916) 737-5062

