



Menu



Monday March 23, 2026

<i>Alarm Clock Breakfast</i>	Chocolate Chip Pancakes, Whipped Cream, Fresh Strawberries, Applewood Smoked Bacon
<i>Global Adventure</i>	Beef Gyros, Thinly Sliced Mediterranean Beef, Tzatziki Sauce, Warm Pita, French Fries
<i>Kitchen Table</i>	Spinach Pesto Penne Pasta, Garlic Asparagus, Side Spinach & Bacon Salad with Caesar Dressing
<i>Panini</i>	Chicken Bacon Ranch Sandwich, Monterey Jack, Brioche Bun, Pickles, Red Onion

Café Service Hours

7:30 - 10:00

11:00 - 1:00

2:30 - 3:30

Tuesday March 24, 2026

<i>Alarm Clock Breakfast</i>	Bagel Brekkie Sandos, Ham, Fried Egg, Cheddar Cheese
<i>Platillos Latinos</i>	Pork Chile Verde, Spanish Rice, Pinto Beans, Flour Tortilla
<i>Passage Of India</i>	Kaeng Kari Chicken, Chili Spiced Broccoli, Garlic Naan Bread, Bombay Roasted Potatoes
<i>Panini</i>	Muffalettas, Salami, Ham, Pepperoni, Olive Tapenade, Red Onions, Swiss Cheese, Sourdough Bread

Today's Grab and Go Special

Monday:
Greek Chicken Salad, Cucumber, Red Onion, Fresh Mint, Kalamata Olives, Organic Cherry Tomatoes, Feta Cheese, Oregano-Mint Vinaigrette

Tuesday:
Chef Salad, Honey Ham, Turkey, Cherry Tomatoes, Hard Boiled Egg, Cucumber, Shredded Cheese, House Made Croutons, Ranch Dressing

Wednesday:
Chicken, Kale & Spinach Salad, Dried Cranberries, Shredded Carrots, Cherry Tomatoes, Sunflower Seeds, Lemon Vinaigrette

Thursday:
Spring Salad, Chicken, Spinach, Asparagus, Cherry Tomatoes, Shredded Carrots, Cucumbers, Green Goddess Dressing

Wednesday March 25, 2026

<i>Alarm Clock Breakfast</i>	Strawberry & Chocolate Chip Overnight French Toast & Sausage Patty
<i>Taste of Italy</i>	Honey Balsamic Chicken, Mashed Potatoes, Roasted Squash & Zucchini
<i>Global Adventure</i>	Ground Beef & Mushroom Stroganoff, Steamed Broccoli
<i>Flatbreads & More</i>	Strawberry Balsamic Flatbreads, Ricotta Cheese, Balsamic Pepper Strawberries, Sunflower Seeds, Arugula, Pickled Red Onions

Friday:
Rainbow Roasted Veggie Salad, Roasted Bell Peppers, Zucchini, Red Onions, Cherry Tomatoes Balsamic Vinaigrette

Thursday March 26, 2026

<i>Alarm Clock Breakfast</i>	Country Biscuits & Gravy, Crumbled Breakfast Sausage, Fried Cage Free Egg
<i>Kitchen Table</i>	Honey Mustard Grilled Chicken, Honey Mustard Sauce, French Fries, Roasted Vegetables
<i>Platillos Latinos</i>	Grass Fed Ground Beef Hard Shell Tacos, Shredded Lettuce, Pico De Gallo, Sour Cream, Cheese, Pinto Beans, Chef's Choice Rice
<i>Panini</i>	Piadines, Grilled Chicken, Jalapenos, Cheese Sauce, Green Onions, Spinach

Promotions



National Organic Spinach Day

March 26
Green Power Plates
Spinach takes center stage in dishes that are fresh, nourishing, and packed with flavor. A simple way to spotlight leafy greens that support balanced eating.

Spinach Pesto Pasta (Monday)
Bright, herbaceous, and satisfying
Fresh Spinach Salad
Spring Salad, Chicken, Spinach, Asparagus, Cherry Tomatoes, Shredded Carrots, Cucumbers, Green Goddess Dressing

Friday March 27, 2026

<i>Alarm Clock Breakfast</i>	Baby Quichettes, Baked Egg, Peppers, Onions, Mushrooms, Spinach, Cheese, Pie Crust
<i>Platillos Latinos</i>	Green Chile Enchilada Bake, Roasted Pablano & Pasilla Peppers, Oaxaca Cheese, Rice, Refried Beans
<i>Taste of Italy</i>	Cheese & Zucchini Lasagna, Caesar Salad, Breadstick
<i>Panini</i>	Cod Fish Sandwiches, Pickled Red Onions, Tartar Sauce, Arugula, Brioche Bun, & French Fries

REDUCE, REUSE, RECYCLE

Kick the Can!
Choose a self-serve beverage, instead of purchasing a drink in a can or plastic bottle. You'll help reduce resources and energy used for packaging and shipping.



Epicurean Group at St. Francis Catholic High School

Your Executive Chef: **Jenn Slaughter**

Your Café/Catering Manager: **Evelyn Barela**
(916) 737-5062

In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.

