



Menu



Monday May 11, 2026

Alarm Clock Breakfast	Buttermilk Chocolate Chip Pancakes, Whipped Cream, Maple Syrup, Sausage Link
Global Adventure	Chicken Adobo, Steamed Jasmine Rice, Grilled Peppers & Onions
Kitchen Table	Pasta Albufuerra (Pink Sauce), Spring Veggies, House Made Garlic Bread
Panini	BLATS! Applewood Smoked Bacon, Lettuce, Avocado Spread, Tomato on Wheatberry Bread

Tuesday May 12, 2026

Alarm Clock Breakfast	Olivia's Biscuits & Sausage Gravy, Fried Eggs
Global Adventure	Chicken Gyro Bowls, Roasted Zucchini, Yellow Squash, Feta Cheese, Greek Pico, Tzatziki, Pita Bread
Platillos Latinos	Free Range Shredded Chicken Enchilada Casserole, Black Bean Salad, Spanish Rice
Panini	Chicken Pesto Sandwiches, Monterey Jack Cheese, Tomato, Lettuce, on Brioche Bun

Wednesday May 13, 2026

Alarm Clock Breakfast	Belgium Waffles, Fresh Berries, Mixed Berry Compote, Whipped Cream, Applewood Smoked Bacon
Taste of Italy	Basil Pesto Lasagna, Kale Caesar Salad, Cheesy Garlic Bread
Closed Station	Closed Station due to Finals
Wraps & More	Free Range Chicken Caesar Spinach Wrap, Kettle Chips

Thursday May 14, 2026

Alarm Clock Breakfast	Croissant Breakfast Sandwiches, Sausage Patty, Fried Egg, Cheese
Izakaya	Vegetable Fried Rice, Jasmine Rice, Carrots, Peas, Egg, Onions, Waterchestnuts, Green Onions, Edamame, Pork Option, Fortune Cookie
Closed Station	Closed Station due to Finals
Street Food	Chicken Wing Day! Buffalo Chicken Wings, Vegetable Crudite, Ranch Dressing

Friday May 15, 2026

Alarm Clock Breakfast	Blueberry Stuffed French Toast, Sweet Cream Cheese, Applewood Smoked Bacon
Kitchen Table	Creamy Bacon Macaroni & Cheese, Roasted Zucchini & Yellow Squash
Closed Station	Closed Station due to Finals
Panini	Grilled Ham & Cheese Sandwiches, Kettle Chips

Epicurean Group at St. Francis Catholic High School

Your Executive Chef: **Jenn Slaughter**

Your Café/Catering Manager: **Evelyn Barela (916) 737-5062**

Café Service Hours
7:30 - 10:00
11:00 - 1:00
2:30 - 3:30

Today's Grab and Go Special

Monday:
Greek Chopped Salad, Roast Chicken, Romaine & Mixed Greens Lettuces, Kalamata Olives, Cherry Tomatoes, Feta Cheese, Cucumbers, Mint Herb Vinaigrette

Tuesday:
Avocado Citrus Salad, Roasted Chicken, Mixed Greens, Cucumber, Dried Cranberries, Avocado, Feta, Mint Vinaigrette

Wednesday:
Cobb Salad, Free Range Chicken, Smoked Applewood Bacon, Hard Boiled Egg, Shredded Cheese, Red Onion, Avocado, Ranch Dressing

Thursday:
Soy Ginger Salmon Rice Bowl, Mixed Greens, Pickled Red Onions, Brown Rice, Cucumber, Cherry Tomatoes, Soy Ginger Vinaigrette

Friday:
Taco Salad, Chicken, Romaine Lettuce, Kidney Beans, Roasted Corn, Pickled Red Onions, Shredded Cheese, Cilantro Jalapeno Lime Vinaigrette

Promotions

National **CHOCOLATE CHIP DAY**
May 15, 2026
Sweet, melty, and irresistible—celebrate the ultimate classic treat.
Chocolate Chip Cookies
Chocolate Chip Brownies
Chocolate Chip Muffins

REDUCE, REUSE, RECYCLE

To-Go Goes Compostable!
All our to-go containers, cups, and cutlery are made of 100% compostable material. Place them in our compost bins and help California to achieve its "zero waste" goal.

In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.

fresh, honest, local.